



Destination Experience

Mon. May 11, 2026 @0900-1230 hrs.

Tour 1: Korean Traditional Dessert (Dasik) - Making Experience

(For delegates accommodated in Gyeongju only)



Dasik is a traditional Korean confection traditionally enjoyed with tea, appreciated for its subtle sweetness and refined appearance.

This experience introduces participants to the art of crafting black sesame flower dasik, a dessert that reflects the elegance of Korean tea culture. Using black sesame powder sourced from local farms, the base dough is carefully prepared to achieve a smooth texture and deep, nutty flavor.

Natural plant-based powders create soft, vibrant colors, which are shaped with traditional molds into delicate floral designs. Each step invites careful attention and a steady hand, transforming simple ingredients into beautifully detailed confections.

More than a cooking activity, this experience offers a glimpse into Korea's aesthetic sensibility—where food is not only tasted, but thoughtfully shaped and presented.

Time	Descriptions
07:30 – 08:00	Pick up at official hotels in Gyeongju 07:30 – Lahan Select Hotel 07:35 – Sono Calm Hotel 07:45 – The-K Hotel *Hilton Hotel guests are requested to walk to HICO (2-min walk)
08:00 - 08:30	Registration at venue, HICO
08:30 – 09:00	En route to Experience Site
09:00 – 10:30	Korean Traditional Dessert (Dasik) - Making Experience
10:30 – 11:20	En route to official hotels in Gyeongju 11:00 – The-K Hotel 11:05 – Hilton Hotel 11:15 – Sono Calm Hotel 11:20 – Lahan Select Hotel
11:20 - 12:10	En route to Lahan Hotel Pohang (For delegates attending afternoon sessions)



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Tour 2: Mother-of-Pearl Mirror-Making Experience (For all delegates)



Mother-of-pearl is a traditional Korean craft known for its luminous shimmer created through delicate seashell inlay. Its iridescent surface reflects light in subtle tones, embodying refinement and elegance in Korean decorative art.

As a coastal city, Pohang has a deep connection to the sea. Using seashell materials inspired by the local marine environment, this experience reflects the city's natural identity and carries special local meaning.

In this hands-on activity, participants will design and create their own mother-of-pearl mirror while learning about Korea's intricate artistic heritage. Finely cut pieces are carefully arranged onto the mirror surface to form elegant patterns, requiring patience and attention to detail.

Through this calm and creative journey, tradition and personal expression come together, resulting in a meaningful cultural experience and a unique handmade keepsake.

Time	Descriptions
07:20 – 07:30	Pick up at official hotels in Gyeongju 07:20 – The-K Hotel & Sono Calm Hotel 07:30 – Hilton Hotel & Lahan Select Hotel
07:30 - 08:30	En route to Lahan Hotel Pohang
08:30 – 09:00	Registration at Lahan Hotel Pohang
09:00 – 09:30	En route to Experience Site
09:30 – 10:30	Mother-of-Pearl Mirror - Making Experience
10:30 – 11:00	En route to Lahan Hotel Pohang
11:00 – 12:10	(For delegates not attending afternoon sessions) En route to official hotels in Gyeongju 11:50 – Lahan Select Hotel 11:55 – Sono Calm Hotel 12:05 – Hilton Hotel 12:10 – The-K Hotel



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Tour 3: Healing Experience - Singing Bowl & Foot Bath (For all delegates)



Located near Naeyeonsan Mountain in Pohang, this healing experience offers a meaningful opportunity to pause and restore balance away from the busyness of daily life.

In a calm and comfortable setting, participants can enjoy two restorative activities: a gentle sound meditation using singing bowls and a warm foot bath. The clear resonance of the singing bowls helps ease tension and quiet the mind, guiding the body into a relaxed and grounded state.

At the same time, the warm foot bath soothes tired muscles, encourages circulation, and provides a comforting sense of physical and mental relaxation.

Blending mindfulness and comfort, this program offers a soothing pause—leaving you feeling balanced, peaceful, and refreshed.

Time	Descriptions
07:20 – 07:30	Pick up at official hotels in Gyeongju 07:20 – The-K Hotel & Sono Calm Hotel 07:30 – Hilton Hotel & Lahan Select Hotel
07:30 - 08:30	En route to Lahan Hotel Pohang
08:30 – 08:50	Registration at Lahan Hotel Pohang
08:50 – 09:30	En route to Experience Site
09:30 – 10:50	Healing Experience (Singing Bowl & Foot Bath)
10:50 – 11:30	En route to Lahan Hotel Pohang
11:30 – 12:40	(For delegates not attending afternoon sessions) En route to official hotels in Gyeongju 12:20 – Lahan Select Hotel 12:25 – Sono Calm Hotel 12:35 – Hilton Hotel 12:40 – The-K Hotel